




Thank you for attending our service this morning. You are all very welcome to join us after the service for tea/coffee in the Church hall.

St Vedast-alias-Foster
Peace and contemplation at the heart of the City
vedast.org.uk

 St Vedast-Alias-Foster  @stvedast  @stvedastaliasfoster

A new church electoral roll has to be prepared in 2019 in each parish. There is a notice in the narthex about the construction of a new electoral roll, giving the crucial dates for application and preparation. Preparation has to be completed by 23 March and the new roll comes into effect and is displayed from 24 March. **Everyone who is currently on the existing roll needs to re-apply.** Forms are available at the back of the church.

Looking ahead

Weds 6 Mar	12.15pm Holy Eucharist with imposition of ashes
Thurs 14 Mar	Concert 7.30pm – 9pm details to follow
Sat 23 Mar	Godwine Choir Concert details to follow

Ash Wednesday

When you fast, anoint your head and wash your face, so that you may not appear to others to be fasting, except to your Father who is hidden. And your Father who sees what is hidden will repay you.
Matthew 6:17-18

The journey of Lent can be difficult – a time of repentance, of giving up things that tie us to this world and looking instead to the life and teachings of Jesus. But when we courageously examine within, name what is broken within us, turn away from it, and turn toward what is truly good, we will find ourselves living the fullness of life that God wants for each of us.

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3rd March, Next before Lent

Celebrant: Fr Paul Kennedy
Preacher: Bishop Stephen Platten

Setting Missa de Angelus

Hymn: 377 Immortal, Invisible, God Only Wise

Exodus 34.29 – 35

Moses came down from Mount Sinai. As he came down from the mountain with the two tablets of the covenant in his hand, Moses did not know that the skin of his face shone because he had been talking with God. When Aaron and all the Israelites saw Moses, the skin of his face was shining, and they were afraid to come near him. But Moses called to them; and Aaron and all the leaders of the congregation returned to him, and Moses spoke with them. Afterwards all the Israelites came near, and he gave them in commandment all that the Lord had spoken with him on Mount Sinai. When Moses had finished speaking with them, he put a veil on his face; but whenever Moses went in before the Lord to speak with him, he would take the veil off, until he came out; and when he came out, and told the Israelites what he had been commanded, the Israelites would see the face of Moses, that the skin of his face was shining; and Moses would put the veil on his face again, until he went in to speak with him.

Psalm 99

R: Proclaim the greatness of the Lord our God.

The Lord is king: let the peoples tremble; he is enthroned above the cherubim: let the earth shake. The Lord is great in Zion and high above all peoples. Let them praise your name, which is great and awesome; the Lord our God is holy. **R**

Mighty king, who loves justice, you have established equity; you have executed justice and righteousness in Jacob. Exalt the Lord our God; bow down before his footstool, for he is holy. **R**

Moses and Aaron among his priests and Samuel among those who call upon his name; they called upon the Lord and he answered them. He spoke to them out of the pillar of cloud; they kept his testimonies and the law that he gave them. **R**

You answered them, O Lord our God; you were a God who forgave them and pardoned them for their offences. Exalt the Lord our God and worship him upon his holy hill, for the Lord our God is holy. **R**

2 Corinthians 3.12 - 4. 2

Since we have such a hope, we act with great boldness, not like Moses, who put a veil over his face to keep the people of Israel from gazing at the end of the glory that was being set aside. But their minds were hardened. Indeed, to this very day, when they hear the reading of the old covenant, that same veil is still there, since only in Christ is it set aside. Indeed, to this very day whenever Moses is read, a veil lies over their minds; but when one turns to the Lord, the veil is removed. Now the Lord is the Spirit, and where the Spirit of the Lord is, there is freedom. And all of us, with unveiled faces, seeing the glory of the Lord as though reflected in a mirror, are being transformed into the same image from one degree of glory to another; for this comes from the Lord, the Spirit. Therefore, since it is by God's mercy that we are engaged in this ministry, we do not lose heart. We have renounced the shameful things that one hides; we refuse to practise cunning or to falsify God's word; but by the open statement of the truth we commend ourselves to the conscience of everyone in the sight of God.

Luke 9.28 – 36

Jesus took with him Peter and John and James, and went up on the mountain to pray. And while he was praying, the appearance of his face changed, and his clothes became dazzling white. Suddenly they saw two men, Moses and Elijah, talking to him. They appeared in glory and were speaking of his departure, which he was about to accomplish at Jerusalem. Now Peter and his companions were weighed down with sleep; but since they had stayed awake, they saw his glory and the two men who stood with him. Just as they were leaving him, Peter said to Jesus, 'Master, it is good for us to be here; let us make three dwellings, one for you, one for Moses, and one for Elijah.' Peter did not know what he said. While he was saying this, a cloud came and overshadowed them; and they were terrified as they entered the cloud. Then from the cloud came a voice that said, 'This is my Son, my Chosen; listen to him!' When the voice had spoken, Jesus was found alone. And the disciples kept silent and in those days told no one any of the things they had seen.

For your prayers:

Those who are ill: Tim Phillips, Carlo Fazzi, Alison Hird

Offertory hymn: 296 Lord Enthroned in Heavenly Splendour

Anthem: Et incarnatus est- Mozart

Thanksgiving hymn: 336 Angel Voices