

The Church is open for quiet thought or prayer from 8am – 5.30pm, Monday –Friday,  
11am – 4pm on Saturday.  
Monday – Friday there is a daily Mass at 12.15pm – 12.40pm.  
Monday 1.05pm – 1.30pm Mediation group.  
On Sunday there is a Sung Eucharist at 11am.

**Readings next Sunday, Trinity 19**  
Ecclesiasticus 35: 12-17, 2 Timothy 4:6-8, 16-18, Luke 18.9–14

### Notices

**Canon Tricia Hillas** will be the Celebrant at our service today.

**1 November** we will celebrate a requiem mass for All Souls. Please email Joanna in the office with any names you may wish to be remembered.

### Diary

1 Nov	12.15pm	REQUIEM Mass for All Souls
3 Nov	9.45am	Parish Breakfast
3 Nov	11am	Eucharist Service All Saints
9 Nov	11am – 4pm	Church open on Lord Mayors Day

St Vedast-alias-Foster

Peace and contemplation at the heart of the City  
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**20<sup>th</sup> October, 18<sup>th</sup> Sunday after Trinity**

**Celebrant:** Canon Tricia Hillas

**Setting:** Communion Service in Eb -White

**Hymn:** 478 Ye Watchers and ye Holy Ones

### **Genesis 32.22-31**

Jacob got up, took his two wives, his two maids, and his eleven children, and crossed the ford of the Jabbok. He took them and sent them across the stream, and likewise everything that he had. Jacob was left alone; and a man wrestled with him until daybreak. When the man saw that he did not prevail against Jacob, he struck him on the hip socket; and Jacob's hip was put out of joint as he wrestled with him. Then he said, 'Let me go, for the day is breaking.' But Jacob said, 'I will not let you go, unless you bless me.' So he said to him, 'What is your name?' And he said, 'Jacob.' Then the man said, 'You shall no longer be called Jacob, but Israel, for you have striven with God and with humans, and have prevailed.' Then Jacob asked him, 'Please tell me your name.' But he said, 'Why is it that you ask my name?' And there he blessed him. So Jacob called the place Peniel, saying, 'For I have seen God face to face, and yet my life is preserved.' The sun rose upon him as he passed Penuel, limping because of his hip.

## Psalm 121

**R: I rejoiced when i heard them say: "Let us go to God's house"**

A Song of Ascents.

I lift up my eyes to the hills—  
from where will my help come?  
My help comes from the Lord,  
who made heaven and earth. **R**

He will not let your foot be moved;  
he who keeps you will not slumber.  
He who keeps Israel  
will neither slumber nor sleep. **R**

The Lord is your keeper;  
the Lord is your shade at your right hand.  
The sun shall not strike you by day,  
nor the moon by night. **R**

The Lord will keep you from all evil;  
he will keep your life.  
The Lord will keep  
your going out and your coming in  
from this time on and for evermore. **R**

## 2 Timothy 3.14 - 4.5

Continue in what you have learned and firmly believed, knowing from whom you learned it, and how from childhood you have known the sacred writings that are able to instruct you for salvation through faith in Christ Jesus. All scripture is inspired by God and is useful for teaching, for reproof, for correction, and for training in righteousness, so that everyone who belongs to God may be proficient, equipped for every good work. In the presence of God and of Christ Jesus, who is to judge the living and the dead, and in view of his appearing and his kingdom, I solemnly urge you: proclaim the message;

be persistent whether the time is favourable or unfavourable; convince, rebuke, and encourage, with the utmost patience in teaching. For the time is coming when people will not put up with sound doctrine, but having itching ears, they will accumulate for themselves teachers to suit their own desires, and will turn away from listening to the truth and wander away to myths. As for you, always be sober, endure suffering, do the work of an evangelist, carry out your ministry fully.

## Luke 18.1-8

Jesus told his disciples a parable about their need to pray always and not to lose heart. He said, 'In a certain city there was a judge who neither feared God nor had respect for people. In that city there was a widow who kept coming to him and saying, "Grant me justice against my opponent." For a while he refused; but later he said to himself, "Though I have no fear of God and no respect for anyone, yet because this widow keeps bothering me, I will grant her justice, so that she may not wear me out by continually coming.'" And the Lord said, 'Listen to what the unjust judge says. And will not God grant justice to his chosen ones who cry to him day and night? Will he delay long in helping them? I tell you, he will quickly grant justice to them. And yet, when the Son of Man comes, will he find faith on earth?'

## For your prayers:

**Those who are ill:** Margaret Guilfoyle, Lois Paine, Hannah Rae, Alison Hird, Richard Shepherd, Jean Kennedy, Tracey Llewellyn, Jimmy Whelan

**Offertory hymn:** 398 Lift up Your Hearts! We Lift Them Lord to Thee

**Anthem:** The Call - V Williams

**Thanksgiving hymn:** 416 O God of Bethel, By Whose Hand